CLARITY SINGAPORE

Mental Health Resources

Crisis & Emergency Support (24/7)

Emergency Services
999 / 995
or head to the nearest hospital's A&E

National Anti-Violence & Sexual Harassment Helpline (NAVH)
1800 777 0000

Samaritans of Singapore
1767



CLARITY SINGAPORE

Mental Health Resources

Mental Health Support

National Mindline (24/7)
1771

Care Corner
1800 3535 800

- 10:00AM–10:00PM daily, excluding PH
- Toll-Free Mandarin Counselling Hotline

General Practitioners (GPs) & Polyclinics

Find GPs and Polyclinics with mental health services near you.

Clarity Singapore

Learn more about our clinical services and mental health literacy programmes here.

